

INGREDIENTS

 $\underset{\mathsf{naturals}}{\mathsf{DLA}}$

150g	Pineapple Filling & Topping
	(frozen)
50g	Coconut Filling & Topping (froze
60ml	
30ml	White rum
1/2	Cup ice
	A slice of pineapple

PREPARATION

Freeze the Pineapple Filling & Topping and Coconut Filling & Topping in the freezer a day before.

METHOD:

 In a blender, combine the frozen Pineapple Filling & Topping and Coconut Filling & Topping with milk, white rum, and ice. Blend until smooth.

2. Pour the mixture into a glass and garnish with a slice of pineapple.

